

Imagining an Age-friendly Lagos



Canada 



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About the Project

Center for Gender Economics (CGE Africa) is implementing a social inclusion project for elderly women. As part of efforts to promote and protect the rights of Women and Girls in Nigeria, CGE Africa, with support from Action Aid Nigeria through the Women's Voice and Leadership Nigeria Project, is implementing a 5-Year Project in Lagos State with focus on Promoting Socioeconomic inclusion of Elderly Women through Well-being Parties with a view of achieving increased productive aging for elderly women and their participation in leadership at all levels. This project is funded by Global Affairs Canada.

Wellbeing Parties-4-Social Inclusion project team will strive to create possibilities for well-being reinvigoration activities and innovative employment for elderly women through creating new, low threshold possibilities for participation. The project aims at supporting general wellbeing and social inclusion of elderly women for economic security.

About the Brochure

Imagining an Age-friendly Lagos is a list of policy recommendations compiled by the Center for Gender Economics (CGE Africa). Lagos is in the middle of a stirring remodeling, with the vision and commitment of the state administration Lagos can become an age-friendly city. Center for Gender Economics believes that an age-friendly city necessitates “an inclusive and accessible urban or suburban environment that encourages active and healthy aging.”

Our call for an Age-Friendly Lagos is in line with what the World Health Organization promotes. WHO says an Age-Friendly City is a place that enables people of all ages to actively participate in community activities.¹ A city where everyone is treated with respect, regardless of their age. This makes it easy for elderly persons to stay connected to those around them and those they love. An age-friendly Lagos will help residents stay healthy and active even at the oldest ages. And it will be a city that helps those who can no longer look after themselves to live with dignity and enjoyment.

¹ [WHO | Global Age-Friendly Cities Project](#)

Table of Content

1. Built Environment

1.1 Housing

1.2 Transportation

1.3 Recreational Spaces and Buildings

2. Social Environment

2.1 Respect and Social Inclusion

2.2 Civic Participation and Employment

2.3 Social Participation

3. Community and Health Support

3.1 Community Support and Health Services

3.2 Communication and Information

Built Environment

1.1 Housing



A Lagos that has appropriate and affordable housing options that supports elderly persons to age well and happy.

Houses that have age aware access; no barriers, installed ramps, elevators and stair lifts.

1.2 Transportation



A Lagos city that has consistent, cheap, and accessible transport choices that support elderly persons to actively commute, connect and live well.

1.3 Recreational Spaces and Buildings



A Lagos city that is beautiful, safe and has accessible recreational spaces and buildings that inspire lively involvement and enjoyment of elderly persons.

Social Environment

2.1 Respect and Social Inclusion



A Lagos that actively engages, distinguishes and celebrates the significant contribution of elderly persons in community life.

2.2 Civic Participation and Employment



A Lagos that supports older people to participate in employment, volunteering and actively contribute to decision-making procedures.

2.3 Social Participation



A Lagos that nurtures opportunities for the diversity of the community to bond and partake all through life.

Community and Health Support

3.1 Community Support and Health Services



A Lagos city that provides suitable and accessible health services to elderly persons to sustain active and independent living,

3.2 Communication and Information



A Lagos city that provides high quality, timely and accessible information to improve elderly persons' quality of life.

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